SUNDAY MIRROR * MARCH 23, 1997 WESLEY COTTON Why every woman should watch Rugby League FREE INSIDE! Your 16-page guide to a beautiful home



LONG-LASTING COLOUR FOR YOUR HANGING BASKET

BASKET FUCHSIAS E

INCLUDING DELIVERY

Plan now for Spring and this year you can watch your window boxes and hanging baskets blaze into colour with a beautiful display of Basket Fuchsias for just \$4.95. Our beautiful collection has been carefully selected for their long-lasting colour, and the trailing habit of their graceful

skirt-shaped blooms makes them cascade naturally over hanging baskets, window boxes and patio tubs.

The double and semi-double blooms come in a wide range of colours. The collection comprises 2 each of the following: blue, violet and scarlet; imperial purple and white-flushed pink; veined pink and pale pink; white and flushed pink; white veined cerise and rich red

All our Basket Fuchsias are grown in the UK under controlled greenhouse conditions to the highest standards. All plants will be despatched as large plugs measuring 3cms in diameter ready for planting out, and are accompanied by easy-to-follow horticultural instructions. Then they'll happily bloom through to the first frosts. If, for any reason, you are not completely satisfied you can return the plants within 14 days and we will replace any item or refund your money.

As the plants are grown to order, despatch will be throughout May by first class post to any UK address and all orders will be acknowledged. Just fill in the coupon and send it to us, together with your cheque or postal order. Credit card holders can ring the number below and place their order right away.



8 01245 326002

24 hour credit card order service

DENING DIR OUTH WOODHAM FERRERS

Fuchsias Offer, Gardening Direct, PO Box 225, South Woodham Ferrers, Chelmsford, Essex CM3 5XT. We deliver to addresses in the UK only.

including Northern Ireland. Offer subject to availability.

SMMFU2

PRIORITY ORDER FORM

Send to: Fuchsias Offer, Gardening Direct, PO Box 225, South Woodham Ferrers, Chelmsford, Essex CM3 5XT.

Plea	ise send me	packs of 10 Basket Fuch	isias at £4.95,
incl	uding delivery.		
	I enclose my chee	que/postal order for £	made
	payable to GARDI	ENING DIRECT.	
OR			

Debit my MasterCard/Visa Account with the sum of £ Card No

Expiry Date Signature

Name (Mr/Mrs/Miss/Ms) **BLOCK CAPITALS PLEASE** Address

Postcode

Gardening Direct is a division of DPA Direct Ltd. If you do not wish to receive future offers from companies approved by DPA Direct Ltd. please tick here DPA Direct Ltd., 25 Haltwhistle Road, South Woodham Ferrers, Chelmsford, Essex CM3 5ZA. Registered in England 2764130. SMMFU2



5 COLOUR COMBINATIONS: blue, violet and scarlet; imperial purple and white-flushed veined pink and pale pink; white and flushed pink; white veined cerise and rich rec



Contents

MARCH 23, 1997

4 personal pictures GILLIAN ANDERSON and SHERYL CROW in the frame

I personal stars RUSSELL GRANT with your brightest and best weekly forecast

10 personal at the oscars 1 BRENDA BLETHYN is caught up in the Academy Awards whirlwind

12 personal at the oscars 2 Exclusive tips for the top awards at tomorrow's glittering ceremony

14 personal check-up Take our test to find out if you're responsible . . . or reckless

17 personal home supplement A 16-page pull-out packed with tips for improving your home

35 personal competition £12,000 of Littlewoods goodies to win in our great Oscars contest

38 personal fashion Rugby league hunk Wesley Cotton slips into sensuous leather

41 personal brain-teasers Crack our two puzzles and you could win a £250 cash prize

44 personal crossword Find the hidden celebrity and win £1,000 with our Star Search grid

46 personal look

These beavers are eager to pass on their secrets



AT HOME WITH JILL DANDO Inside the Holiday girl's hideaway PAGES 24-26



HIDE AND SEEK Rugby star Wesley Cotton in black leather PAGES 38–39

personal address book

JEREMY EDWARDS, 26, who plays Kurt in Channel 4's teen soap Hollycaks, divides his time between homes in Liverpool and London. Today he opens his address book.

The Dispensary, Pembridge Road, London (0171 221 9290): I usually slob around in T-shirts and jeans but for something a bit smarter I go here. The designs are great but if it doesn't suit you the staff say so.

The Prince Boneparte, Chepstow Road, Notting Hill (0171 229 5912): It was an old Irish boozer with pool tables and smoke. They've done it up, but I still see my mates there.

No.7 Cafe, Falkner Street, Liverpool (0151 709 9633): This is a quiet cafe near where I live in Liverpool and it's just the coolest place going. They even have a little art gallery in there (not that I look at it).

Mash 'n' Air, Chorlton St, Manchester (0161 661 6161): Manchester's a brilliant place. This is one of those trendy new restaurants springing up there.



${f B}$ rooks & Bentley is proud to announce the Golden Retriever Puppy, a loveab tribute to one of the United Kingdom's most popular breeds. See how our artis have captured the endearing expression of this adorable young pup. And see ho this little fellow's friendly, intelligent nature comes shining through those big, brow puppy dog eyes. It's no wonder the Golden Retriever is a firm family favourite wi dog lovers all over the world. Standing 18cm (7") high, the Golden Retriever Puppy is hand-crafted in fit porcelain, capturing all the charm of this very special breed. Skilled hand painting captures nature's blend of ivory-white on the puppy's face and chest to the dechoney gold of his ears, rump and tail, bringing this masterwork to life as only the standard of the control of the puppy's face and chest to the dechoney gold of his ears, rump and tail, bringing this masterwork to life as only the control of the puppy's face and chest to the dechoney gold of his ears, rump and tail, bringing this masterwork to life as only the control of the puppy's face and chest to the dechonery gold of his ears, rump and tail, bringing this masterwork to life as only the control of the puppy's face and chest to the dechonery gold of his ears, rump and tail, bringing this masterwork to life as only the control of the puppy's face and chest to the dechonery gold of his ears, rump and tail, bringing this masterwork to life as only the control of the puppy's face and chest to the dechonery gold of his ears, rump and tail, bringing this masterwork to life as only the control of the puppy's face and chest to the dechonery gold of his ears, rump and tail, bringing this masterwork to life as only the chest to the dechonery gold of his ears, rump and tail, bringing this masterwork to life as only the chest to the c artists of Brooks & Bentley know how. Genuinely adorable and exclusive to Brooks & Bentley The Golden Retriever Puppy is now available exclusively fro Brooks & Bentley at the individual issue price of just £39.00 To acquire your sculpture, please complete and return the Priority Reservation form by 30th April, 1997. Or telephone or 24 hour Express Order Line on 01732 361122 today to secure you order. You need send no money now BROOKS & BENTLEY

Please post by 30th April, 1997. Please enter my reservation for the Golden

Retriever Puppy, to be hand-crafted for me at the individual issue price of just £39.00° per sculpture.

I need send no money now. I understand I will be

billed in three interest - free monthly instalments of £13.00° beginning when my sculpture is ready for despatch. I will be given the opportunity to pay by cheque, postal order or credit card.

*Plus £2.55 per sculpture for postage and packaging.

Golden Retriever Puppy

Address.

Signature

Post to: Brooks & Bentley, Hildenbrook House, The Slade, Tonbridge, Kent TN9 1JY.

Please show 26 days for belivery. All orders subject to acceptance and eval which may be of interest. If you would perfer not to beer from them, please tick this box. 🔲

93985

PLEASE PRINT CLEAR

A loyal friend for dog lovers everywhere

Golden Retriever Puppy

COVER PICTURE BY ANDY McCARTNEY



personal picture

BELGIUM COPS A BEAUTY . . AND ANTHEA GETS FRUITY



At least I've got all my own hair, says Pierce Brosnan



ACTING THE GOAT Looks like Dani Behr's d youth TV are numbered . . there's a new kid



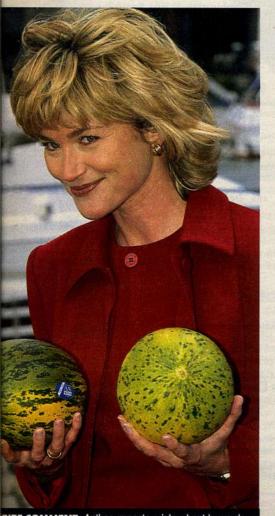
BLOODY BAD SHOW Prince Andrew is transfixed as he hears the worst 'I nicked-myself-shaving' story of all time



TARTAR FOR NOW Sheryl Crow gives her tee check before attempting one of her more wack



ULLO, ULLO BOYS When the Belgian cops took down Pam's particulars even Brussels had never seen such sprouts



RIPE COMMENT Anthea expects a joke about her melons but we're doing our breast to avoid it. Oops, boobed again . .



TRULY, MADLY, DEPPLY Johnny gazes deep into Kate's eyes . . . and tells her that her mascara's running



You could win this stunning new Nicam stereo

ALPHA

WARGACKI,

CELEBRITY PHOTOS, TOM

ACTION,

VCR worth £400 from Hitachi. This state-of-the-

art machine has Hitachi's Dynamic Picture Equaliser, a 4-head set-up,

satellite control function and Video Plus programming to deliver superb performance ... as well as the fastest rewind in the world. For your chance to win dial 0891 525 314.

There are three differences between our pictures of sexy Sam Fox at a celebrity bash. But in which boxes are they? Phone 0891 525 314 and leave your answer, name and address. The winner will be selected at random from all correct entries received by the closing date of Friday, March 28, 1997. Calls should last no longer than two minutes.

ALL YOU HAVE TO DO IS CALL

Calls cost 50p per minute.



Russell Grant's horoscopes SUNDAY MARCH 23 TO SATURDAY MARCH 29

MAR 21 - APRIL 20

The power of love is sure to bowl you over. The goddess of amour, Venus, veers her vibes into your own sign today and tomorrow's incredible Lunar Eclipse in your solar house of relationships will have transforming effects which last until the Autumn. The celestial scene will therefore reach the cockles of your heart and beyond. What will happen is a subtle but sublime test on the validity and solidity of your marriage or any other permanent partnership tie. Stand by the results. PHONE 0891 332 501

TAURUS

APRIL 21 - MAY 21

There's more than enchantment about your love stars now . . . there's a fantasy spellbinding your soul. Is this far-fetched? Not as much as you think, for you can find romantic solace in your head as much as in the arms of someone you adore. The selection of amorous aspects based on your own planet Venus are remarkable, even though they fall in your 12th house of secrets and sorrows. It's likely that any affair you are having is clandestine or in your imagination: but it's still potent stuff. PHONE 0891 332 502

GEMINI

MAY 22 - JUNE 21

The Libran Eclipse will have a powerful effect on you because you both share the air sign element. With its occupation of your creative fifth house, this is just the kind of trigger you need to set off an explosion that releases your talents, skills and abilities in a positive way. In the coming six months you can produce some of your most brilliant work. You will put your heart and soul into anything you touch or do. The results should give you enormous pride and prestige.

PHONE 0891 332 503

CANCER

JUNE 22 - JULY 23

You just can't resist a good Eclipse can you? Well here's your second in a month The first was more your scene, as it fell in Pisces and was a "full" version. Tomorrow's is in Libra and is only partial. Both you and Libra are cardinal signs, which is challenging to say the least. So you must face up to emotional difficulties at home or to do with your family. These are all sensitive areas. Between now and autumn a major change in your security is sure to take place. Prepare for it now. PHONE 0891 332 504



ASTRO-TAROT CARD OF THE WEEK STRENGTH (R)



Strength of required with this Major Arcana card but its reversal implies that willpower may fail and courage desert . Aries, Leo and Sagittarius are most affected but all signs must be strong in the face of temptation.

SAGITTARIUS

A new love could have come or be coming your way - if they haven't already entered your life. With radiant Venus lighting your fellow sign of Aries don't think this is just a quick fling based on transitory attraction. It's something very special. Fond and powerful feelings are involved, but they are complex or the situation itself is complicated. Okay, many of you Saddies are loyal bunnies, but this is a case where you might not be able to help yourself. It may prove impossible to fight fate. PHONE 0891 332 509

CAPRICORN

DEC 22 - JAN 20

Your need to achieve something which gives your ego a boost and your public image the recognition it requires is made more desperate by the Lunar Eclipse in your zodiac career and ambition zones. You will now discover whether the path you are pursuing can give you what you want. If not, then between now and the Autumn your direction and purpose will have to alter dramatically. This could affect your home life, for what you seek may not suit your domestic situation.

PHONE 0891 332 510

JULY 24 - AUG 23

How does it feel to be coming out of a dank, dark patch? For a sign ruled by the Sun it must be like being released from an emotional, psychological prison where you felt hemmed in and deprived of hope. Don't expect to find what you're seeking immediately, but your personal recovery begins now as your vitality returns with renewed strength and energy, combined with a creative ingenuity and a more positive mental attitude. This makes you doubly attractive to everyone - have fun! PHONE 0891 332 505

VIRGO

AUG 24 - SEPT 23

Money and your personal economy come under the Ecliptic microscope. Although this configuration might last for only a few moments tomorrow, it will ripple out until your birthday. So any financial surgery you perform should be drastic and leave you in a state of pecuniary security rather than fiscal flux. Even if all you do is cut up your credit cards or change your bank account, you must do something concrete with the way you handle cash. Do it now and by September you should be prospering. PHONE 0891 332 506

LIBRA

EPT 24 - OCT 23

You've been aware of massive changes happening around you for some time, with September Librans sensing in turn the forces of both freedom-loving Uranus and limiting Saturn; now there's a contradiction. You are pulled one way and then the other, enjoying the thrill of new possibilities and then back down to earth to depression and disappointment. The Eclipse in your sign tomorrow ups the ante and leaves you no choice but to conclude those chapters of your life now beyond rescue. PHONE 0891 332 507

SCORPIO

OCT 24 - NOV 22

Value for money is one thing, but are you giving cut-price value to others and not accepting your full worth for the work you are producing? Remember that a labourer's worth his (or her) hire. In certain cases beggars can't be choosers, but you will always be a beggar unless you realise just what you are capable of and demand the going rate for the services you provide. You can go on being grateful for ever, but you are nothing unless you feel a sense of self-worth.

PHONE 0891 332 508

AQUARIUS

Your destiny lies away from your native shores. That's how the current Libran Eclipse views your fortune and who am I to argue with something as powerful? All the luck you need will be found through travel and international contacts. Even if you meet them here at home, you will find the most auspicious people are from a different country, culture or creed. You require an equally dramatic change in your outlook to cope with all the incredible opportunities coming at you. PHONE 0891 332 511

PISCES

FEB 20 - MAR 20

As a sign, it's easy for you to block out things you find not to your liking. It's called escapism or self-deception, which is fine until reality strikes and you have to face things you have conveniently forgotten about. The Libran Eclipse in the most intimate part of your chart makes it clear that those emotional, sexual and financial hang-ups you have hidden away must be dealt with before the Full Moon in your sign on September 16. This might be an ordeal. but it's necessary for personal release.

PHONE 0891 332 512

For your detailed WEEKLY FORECAST, call the phone line shown under your star sign and enter your birthday. For a daily personal horoscope, call the DAILY HOROSCOPE on 0891 332010 and enter your birthday. To look into the future, call FUTURESCOPE on 0891 332011, enter your birthday and the date of your special day. For an Astro-Tarot reading, call 0891 222881. Calls cost 50p per minute.

AUPAS S

Brenda goes to HOLLYWOOD

BRENDA BLETHYN, BEST KNOWN FOR DOWDY ROLES ON BRITISH TV, CELEBRATED HER 5 1st BIRTHDAY WITH AN OSCAR NOMINATION AS BEST ACTRESS. ON THE EVE OF THE AWARDS CEREMONY SHE TALKS TO IVOR DAVIS - PICTURE BY JOHN ROGERS

he phone never stops
ringing and it's always a
top fashion house on the
line: Escada, Yves St.
Laurent or Armani. They allwant to throw open their
London, New York or
Hollywood showrooms so Brenda
can pick something to wear on
Oscars night.

In the lobby of Hollywood's Hotel Nikko her limousine driver is poised to whisk her to lunch with a hot Hollywood director. Then there are calls from all the producers – including one from Australia – just

dying to put her in a new movie. In the lobby a young woman rushes up to the smartly-dressed, tiny Brenda, her dark hair freshly coiffed and hugs her warmly, saying: "I just want you to know you really blew my mind . . . you were so terrific. You made me cry." Welcome to Brenda Blethyn in Wonderland. After years of playing

mostly down-in-the-dumps British working-class women on stage and TV, women who have drawn the shortest straws in life, Brenda Blethyn has now become a fully-fledged star at the age of 51.

She finds herself in dazzling company: Diane Keaton, Kristin Scott Thomas, Scottish actress Emily Watson and American actress Frances McDormand are her rivals



Brenda as Cynthia in Secrets and Lies

'I'm on Cloud
Nine . . and it's
not just me. My
whole family are
revelling in this
as much as I am'

for the best actress statuette tomorrow night. And no one is more surprised or delighted than Brenda, the versatile actress whose bravura performance in director Mike Leigh's Secrets And Lies is the reason for all this fuss. She plays the mesmerising, funny, tragic Cynthia, a working-class mum who years ago gave away a new-born daughter without even seeing her... or realising that she is black. The grown-up daughter is played by Marianne Jean-Baptiste, who has been nominated for her own Oscar as best supporting actress.

"I love Cynthia," says Brenda. "She's an extraordinary character. I'm not her, although some people think I am. One woman who came up to me in the street started arguing when I told her I didn't have any children. She wouldn't believe me.

"I'm a practical person and Cynthia is not. I think she's much nicer than me. I'm far more selfish than her because I'm an actor. My lifestyle is quite different. I've invented her. We all know Cynthias. You walk into a supermarket in London and the place is full of people who inhabit Cynthia's world."

Brenda, an unknown in Hollywood until now, is being seduced by moguls who couldn't pronounce her name a few weeks ago.

Taking a breather from filming a new movie, she sits in her Hollywood hotel and says: "I think I've won already, just by being nominated. But I do I want to win it, of course I do. This Oscar thing opens the market for me internationally.

"Suddenly everyone knows who Brenda Blethyn is. Walking down the street strangers come up to me and say, 'Wow . . . right on.' I'm so tak aback by it all."

"I'm on cloud nine," says Brenda, giggling like a teenager who has discovered she's the toast of the school prizegiving. "It's not just me — my whole family are delighted. T are revelling in this enjoying it as mas me. It's a fantastic sense of achievement. It knocks a few year off you and makes you feel good about yourself, so you stand up a little straighter and suddenly want twear bright colours."

Brenda is best known in Britain for the TV series like Outside Edge, Grown Ups and The Buddha of Suburbia, as well as lots of stage



work. None of them turned her life upside down like Secrets And Lies. And although working with director Leigh was her passport to fame, she admits that making a movie with him can be a bizarre experience for an actor.

"It's pretty strange," she says. "We prepared for the film for nine months and then there were three months of filming. It's all improvised with Mike. To start with there's no script. Nothing. We all improvise. When we started out I didn't know what the story would be or how big my part was. At one time I found myself sitting alone in Cynthia's house and I kept saying to myself, 1'm

obviously not going to be in this film very much!'

"Mike works that way. He deliberately keeps you in the dark by not telling you what the film is about.

You don't even know who the other actors are, what roles they play or how they will relate to you. So when it happens you're as surprised as the audience watching.

"But at the end of the day you put in the hours and it turns into a wonderful film that everybody loves and it wins lots of prizes, and that's fantastic."

While the much-in-demand Brenda realises that her asking price for movies will now take a giant leap upwards, she says: "I'm hoping the Oscar nomination is also a step to doing more interesting work. And it's great to get the recognition after all these years."

When she really needs to relax, Brenda heads back to her flat in Folkestone, Kent.

"I haven't been there in a long time because I've been so busy," she says. "But when I am there I like to go swimming.

"As a matter of fact, I couldn't swim at all until a couple of years ago. But then I went to the pool and I was suddenly a great swimmer. I acted it as a role . . . and it worked for me. Now I can swim a mile with quite a good stroke."

And what happens if she should win her Oscar tomorrow night? Will she cope if she is thrown into the deep end of Hollywood celebrity? "Ash" she panders the question long

"Aah," she ponders the question long and hard. "I promise not to cry, but oh, I'd be so happy if I won.

"But if I don't, I promise not to cry."

Then she disappears into her waiting limo with that Brenda/Cynthia laugh echoing in her wake. ■

NOW TURN THE PAGE FOR YOUR OSCARS SPECIAL



THE ENGLISH PATIENT
FARGO
JERRY MAGUIRE
SHINE
SECRETS AND LIES

PERSONAL PREDICTION: The English Patient – it's no casualty, doc

BEST ACTOR

TOM CRUISE (Jerry Maguire)
RALPH FIENNES
(The English Patient)
WOODY HARRELSON
(The People vs. Larry Flynt)
GEOFFREY RUSH (Shine)
BILLY BOB THORNTON
(Sling Blade)

PERSONAL PREDICTION: Geoffrey Rush – a shining future indeed

Patient's rewarded

PAUL BENNETT LOOKS FORWARD TO BRITISH SUCCESS AT TOMORROW'S OSCAR



BEST ACTRESS

BRENDA BLETHYN
(Secrets And Lies)

DIANE KEATON (Marvin's Room)

FRANCES McDORMAND (Fargo)

KRISTIN SCOTT THOMAS

(The English Patient)

EMILY WATSON
(Breaking The Waves)

PERSONAL PREDICTION: Brenda Biothyn – her talent is no secret



BARBARA HERSHEY
(The Portrait Of A Lady)
JULIETTE BINOCHE (The English Patient)
JOAN ALLEN (The Crucible)
LAUREN BACALL
(The Mirror Has Two Faces)
MARIANNE JEAN BAPTISTE
(Secrets And Lies)

PERSONAL PREDICTION: Lauren
Bacall – back where she belangs

BEST SUPPORTING ACTOR

WILLIAM H. MACY (Fargo)
JAMES WOODS (Ghosts Of Mississi
ARMIN MUELLER-STAHL (Shin
CUBA GOODING JR (Jerry Magu
EDWARD NORTON (Primal Fe

PERSONAL PREDICTION: Cub Gooding Jr - give that man a ci

BEST DIRECTOR

MILOS FORMAN
(The People vs. Larry Flynt)
JOEL COEN (Fargo)
ANTHONY MINGHELLA
(The English Patient)
MIKE LEIGH
(Secrets And Lies)
SCOTT HICKS (Shine)

PERSONAL PREDICTION: Mile Forman – the people's choice







hat makes one person drive too quickly? What drives another to bet a month's salary on a single horse or give up a steady job for a madcap scheme? In a word: risk. And some people need a lot more of it than others. In everyday life all of us have to predict the outcome of our actions and research shows that most of us are very bad at estimating risk: never forget the captain of the Titanic, who assured passengers that the ship was completely safe.

Of course, perfectly sensible people sometimes take enormous risks in irrational moments. But many take daily risks while fully aware of the danger: smokers and drug abusers are dramatic examples of this. A lot of us seem to have a trait in our personalities that predisposes us towards taking risks. Answer these questions and discover how you score as a risk taker.

- 1 You jump red lights:
- a Once in a while.
- b Never.
- Most days.

- 2 If you see someone you really fancy at a party you would normally:
- Wait for them to talk to you.
- b Go up and talk to them.
- Try to get an introduction.
- 3 If you buy a new cleaning product you:
- Sometimes read the instructions and warnings.
- **b** Always read the warnings carefully.
- Don't bother reading anything.
- 4 If you suddenly had to speak to a crowd of people, you would find it:
- Terrifying.
- b Uncomfortable, but possible.
- Very exciting.
- 5 If you were to have casual sex would you practise safe sex:
- Absolutely always.
- Nearly always.
- Not usually.
- 6 How often have you driven a car or operated machinery when drunk?

- Regularly.
- Occasionally.
- Never.
- 7 When lighting fireworks, you:
- **a** Like the danger and excitement of breaking the rules.
- **b** Follow the safety code to the letter.
- Take a few sensible precautions.
- 8 Your idea of a gamble is:
- a A pound on the Grand National.b Regular bets that you can afford
- e Betting very high stakes on a game of cards.

personal check-out

Now check your score:

Q	(2)	b	C
1	2pts	1	3
2	1	3	2
3	2	1	3
4	1	2	3
5	1	2	3
6	3	2	1
7	3	1	2
8	1	2	3

19-24pts: High risk taker:

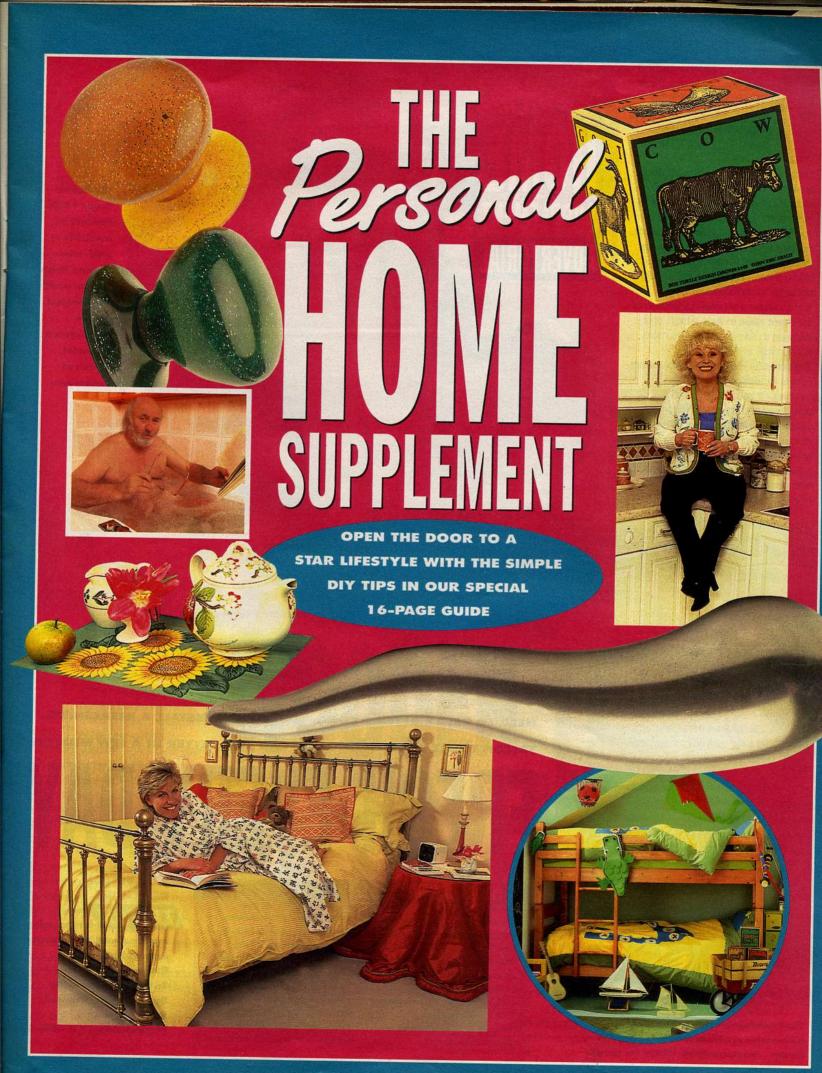
This does not mean you're irrat People like you are often leader life. You are adventurous, dynar and thick skinned. You like mee people, you are very interested sex and you are unperturbed by threats. You were often labelled in childhood. The more older brothers and sisters you have, the more likely you are to enjoy dangerous sports. You are in a group prone to heart attacks.

14-18pts: Medium risk take

You are capable of adapting you responses depending on the situation. When you do take risks they are normally measured and very great. When you are cautiou you do not oppress yourself with worry or a need to over-conform

8-13 pts: Low risk taker:

You are a responsible person who worries about the effects of your actions. You may be anxious and shy. You have an over-responsive sympathetic nervous system which means that you are strongly affect by dangerous situations. You are it a group prone to ulcers.



nce you've experienced the refreshing power of a Triton shower you'll be amazed that you ever managed without one. Now that spring is in the air and we can all enjoy a more active lifestyle, isn't it time you thought about an April shower from Triton? Models in the Topaz range give you a relaxing shower at the temperature you like, whenever you like. They work independently of your main hot water system, so everyone in the family can take a shower and there's still enough hot water to do the washing up! You can have a shower in a fraction of the time it takes to have a bath, and because it uses less water it's more economical, too.

The powerful Topaz T100i shown here is ideal for waking you up in the morning. Or you can adjust the sprayhead and enjoy an invigorating water massage after a hard day at the office or a sports workout. The T100i is easy to fit, has a slim profile and is packed with features: from the special economy setting to a phased hot-water shutdown.



NEED TO RELAX AFTER A LONG, TOUGH DAY? INSTALL A REFRESHING TRITON TOPAZ SHOWER AND YOU CAN FEEL BETTER IN A FEW MINUTE

FRESH EVERY DAY

THE POWER OF A SHOWER

Here are just a few reasons why installing a shower is good for you:

- * It's cheap you can have five showers for the price of one bath. Fit an electric model like the Triton Topax T 100i for maximum economy - only the water you use is heated.
- You can fit your shower almost anywhere: over the bath, in a corner of the bedroom, in a utility room or even under the stars.
- * It's fast. If your bathroom is busier than Waterloo Station in the morning a quick and efficient shower makes life so much easier.

FREE TRITON BROCHURE

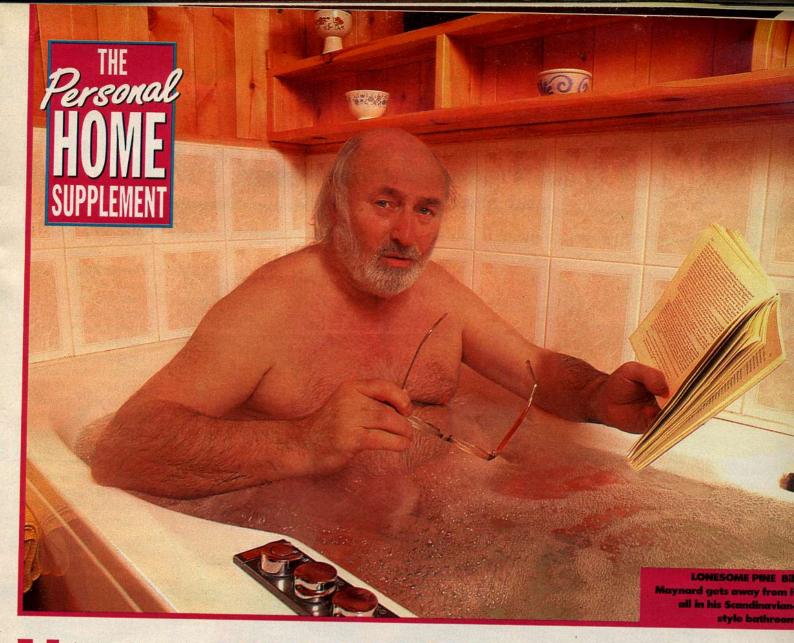
further info mation about Triton show ers and bathroom fittings, write to: Triton plc, Shepperton Business Part, Caldwell Road, Nuneaton, Warwickshire CV II 4NR. (Freefone 0500 158159

18

The toothbrush holder, shelf and

accessories are from the Paris range by

Metlex. Freefone 0500 158159 for details



eteran actor Bill Maynard, who plays the roguish Greengrass in ITV's hit show Heartbeat, likes nothing better than a relaxing dip in the comfort of his pine-panelled bathroom. And the 68-year-old star is not alone. More and more people are turning to pine these days as a simple and attractive way of revitalising their bathrooms. There are so many ways you can use it. The simple route is to introduce it into your bathroom as an accessory - pine shelves, loo seat, toilet roll holder and vanity cabinets are all available from major DIY centres and stores like IKEA, John Lewis and Sainsbury's Homebase. Even reticent DIY-ers should have no problems here. For something a little more elaborate you could try panelling or cladding. This can add real warmth to your bathroom - and wood panels are just as practical as traditional

z

WOODEN IT BE LOVELY

FOR A PINE BATHROOM WITH REAL WARMTH AND
STYLE LIKE HEARTBEAT STAR BILL MAYNARD'S
FOLLOW IAN HYLAND'S DO-IT-YOURSELF GUIDE

ceramic tiles. For most people this is fairly straightforward do-it-yourself. But if you don't know one end of a hammer from the other, get help.

All the job involves is joining wood panels to form a series of upright or horizontal strips. They are put together by simple push-in tongue

and groove joints. The panels are then nailed to holding rails which are either upright or horizontal - according to which way you want your panels to run. The panels are available at many DIY centres, or you may get a better deal from a local timber merchant. Of course, it is vitally important that the wood is waterproofed by varnishing, or if you prefer, a coating of vinyl matt emulsion such as "Willow" from Do-It-All. The more adventurous might be inclined to go the whole hog and panel their ceilings as well, incorporating spotlights into the design and giving the bathroom that true Scandinavian sauna feel. Whatever you decide, the versatility of wooden decor means that it's always possible to find the look that's just right for you. And with prices starting at around £15 for a standard pack of ten 8ft

panels, even stingy old Greengrass

could afford it

19



CARRY ON KITCHENS

BARBARA WINDSOR'S NEW KITCHEN IS JUST LIKE THE EASTENDERS STAR - SMALL, BRIGHT

AND BEAUTIFULLY PROPORTIONED . BY IAN HYLAND . PICTURES BY ANDY MCCARTNEY

fter nine years in her new house TV's favourite landlady Barbara Windsor was fed up. Her kitchen was getting her down and she needed help. "It was just too small and cramped for me," says the former Carry On star. "I wanted to be able to sit down in there and make it lived in, but it just wasn't happening. I went to see loads of designers but they all said the same thing: 'Sorry there's not enough room to play with'. "Then a friend of mine told me to go and see a guy called Chris Jay who specialises in kitchens." Barbara knew it was a good idea as soon as she met Chris and his assistant Paul Moss.

"They said I could have the kitchen I wanted, no problem . . . and the thing which convinced me was Chris saying, 'If you don't like it when it's finished, we'll do it all again.' You don't get promises like that very often.

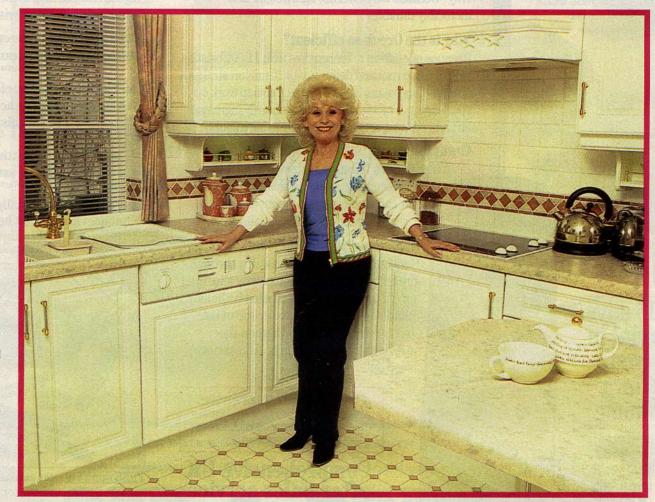
promises like that very often these days do you?"

To her surprise the first thing Chris told Barbara to do was go and stay

in a hotel for a week while they worked. "He said, 'I think you're a nice lady but if you're around while we do the kitchen we might not be good friends'," she laughs. "I thought it was a bit cheeky but I went and stayed at a health

and stayed at a health farm for a week anyway."

Before she left, Barbara told Chris and Paul everything she wanted in her new kitchen. Over the course of



three meetings she was involved in all the design decisions. "I chose gloss white because I wanted it to look light and bright and I kept the window

because it let so much light in.
Besides, double glazing would have looked out of place.
"The only thing we disagreed on was the fridge-freezer," she says. "I wanted

one on top of the other but Chris wanted them side by side. I wasn't sure . . . but in the end he was right."

TRAY CHIC: Everything is

colour co-ordinated

Thirteen days later Barbara and her

boyfriend Scott were delighted with their bright and airy new kitchen. "It's magnificent now – it looks so big," she says. "It's my favourite room in the house. I eat and work in there now. Scott even bought me a little TV last Christmas . . . so I can sit in there and watch telly as well."

FANCY A JAR? Individual touches give Barbara's kitchen a



WHAT CHRIS DID FOR BARBARA

WALLS Re-plastered, then rag-rolled in four colours: white base plus pink, white and grey. Decorated with beige-coloured granite tiling.

FLOOR White line with beige diamond-shaped inserts. UNITS Five base units and seven wall units in white gloss with Cartier handles (stainless steel with brass knobs).

APPLIANCES Combi washer-dryer, cooker with single oven, microwave, dishwasher, extractor fan and boiles.

WINDOW Original window with new fitted blinds.

Personal HOME SUPPLEMENT

Slimline brass knocker, £10.99, House of Rothley Collection by Douglas Kane (0121 377 6077)

Frog knob £41, Turnstyle Designs (as right) Brass hand-le, £17.99, J D Beardmore & Co (mail order 0171 637 7041)

> Jaipur patterned cerami cupboard/drawer knobs £5.70 each, from

Nice Irma's I Post (0181 343 7610

Large green and amber glass door knobs, £2.25 from branches of The Pier (0171 637 700

TRANSFORM DULL DOORS AND DRAWERS WITH

THESE UNUSUAL HANDLES, SAYS JULIE WOODGATE

GET A GRIP!

Fish door handle £44.50, from Turnstyl Designs (01271 25325

Silver handle, £12.50, The Furniture Union (0171 287 3424)



Orange and green sparkle resin door knobs with bases from £40 a pair, Maaz Design (0181 968 8493)

THE Personal HOME SUPPLEMENT

JOIN OUR GUIDED TOUR OF JILL DANDO'S
LUXURY HOME . . . AND FIND OUT HOW
THE RIGHT COLOUR SCHEME CAN BRING
OUT THE BEST IN ANY HOUSE · BY JULIE
WOODGATE · PICTURES BY DAVID PORTER



THE HOUSE THAT ILL BUILT

rom humble beginnings as a local reporter in her home town of Weston-super-Mare, Jill Dando has risen to become one of the most recognised faces on TV. At the age of 36 she earns a reputed £750,000 a year for highprofile work that includes hosting BBC1's Holiday programme and Crimewatch UK.

Throughout her steady rise in the television ranks, Jill's home in Fulham, South West London, has been her haven from the pressures of fame. During her six-year relationship with BBC Breakfast TV boss Bob Wheaton she spent most weekends

at his house in Berkshire. But since their split in December, she has retreated to her own £250,000 home. Over the years she has transformed it into a comfortable retreat where she can relax and unwind. It is decorated throughout in pale colours to create a soothing mood. In Jill's living room the natural light from the large front window is reflected around the room by the white ceiling, while the soft gold finish on the walls (echoed in the furnishings) evokes a sunny atmosphere whatever the weather. Using pale colours makes a room seem larger, light and airy. Shades of primrose and gold maintain the light

and airy feel but as they are from the warm end of the colour spectrum, they make even a large room seem welcoming and cosy. A plain, fitted carpet in a muted colour also creates a feeling of space and comfort. Subtle stripes on the walls and sofa covers in toning shades add texture and interest without dominating the room or disturbing its feeling of harmony.

A large mirror creates a focal point above the fireplace, makes the room appear larger, and reflects light from the window into darker corners opposite. The polished brass fender and radiator cover, along with the burnished gold mirror and picture

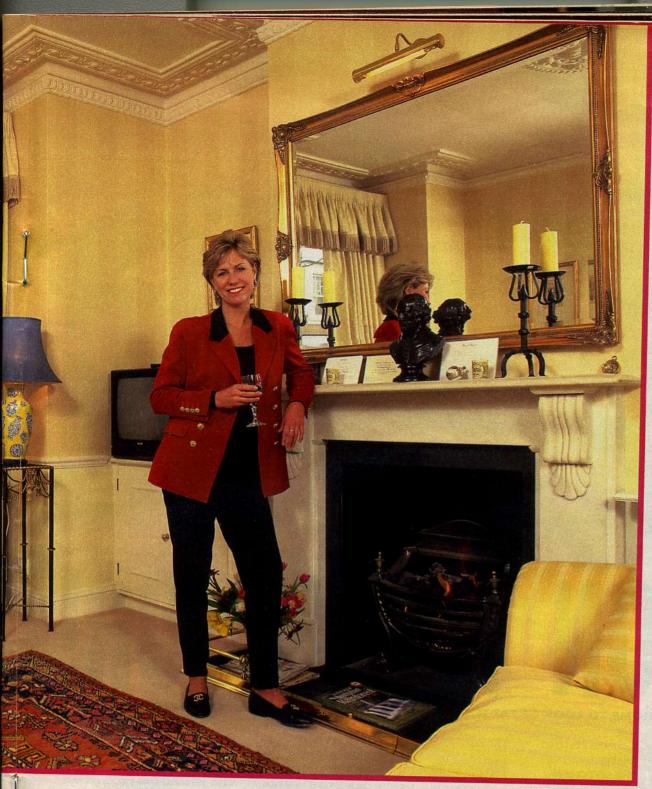
frames add gleaming accents that emphasise the room's warmth.

Above all it's a comfortable room, with plush sofas to curl up on and a bold patterned rug in reassuring shades of rich, rust red.

Black accessories and dark was all.

Black accessories and dark wood furniture provide a striking contrast to the muted colour scheme, giving the room strong points of focus. The sturdy candlesticks and bust on the mantelpiece, the corner TV and the ornate black and gold lamp table at one end of the room are balanced by the rich tones of the polished wood tables, chairs and picture frames at the other. Although the room is clearly divided into two separate







NIGHTIE NIGHT

In Jill Dando's bedroom the pale colour scheme is enlivened by splashes of warmer hues from the cushions and tabledoth as well as the candles and dried flowers in the grate. There is not a single jarring note to mar the serenity of the room - it's a comfortable place where Goldilocks Jill and her two little teddy bears can sleep safe and sound.



areas by the placing of furniture a accessories, the overall feeling of space and light is maintained by t continuity of the wall and curtain treatments, the soft, oyster-colou carpet and the matching colours the rugs. Beside the fireplace there are built-in cupboards which serv a platform for personal knick-kna and mementoes from Jill's travels around the world - and a handilyplaced script for Crimewatch UK. More souvenirs are piled in a corn of the hall with a huge pile of trave books and an ever-ready flight ba The kitchen, traditionally the hea of a home, has a practical soft gre and white work area offset by pake lemon walls and the warm tones of an antique pine table and chairs. The grey and yellow scheme is echoed by the window blind, which also adds pattern and interest to the plain blocks of colour. Unlike many kitchens, the hob rathe

Unlike many kitchens, the hob rather than the sink is situated in front of the window. This not only helps to keep the room smelling fresh but also means that everything needed for cooking is handily situated in one corner, with the large table.

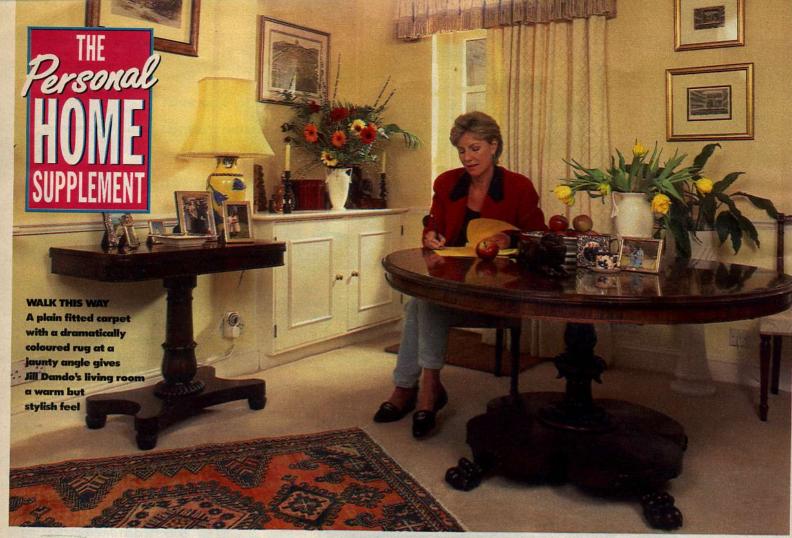
with the large table doubling up as a food preparation surface.

surface.

The bedroom
follows a similar
colour scheme to the
rest of the house with
its pale oyster fitted
carpet and soft
primrose walls. The
room is dominated
by a beautiful old
brass bed, which
picks up the gold
colour of the mirror
and picture frames.







WHEN YOU WANT YOUR HOME TO LOOK GREAT IT'S BEST TO START AT THE BOTTOM, SAYS JULIE WOODGATE

ne of the simplest ways to giver your home a stylish look is to take a leaf from Jill Dando's book and lay plain-coloured fitted carpets in all of your main living areas. But there are many more options for your floors . . . THE HALL As a heavy-traffic area, your hall or lobby needs a hardwearing floor material that's easy to keep clean. If you have fitted carpet, lay a runner over the top to protect it from the worst wear and tear. Alternatively, vinyl, terracotta or ceramic floor tiles provide a totally impermeable surface against wet, muddy footprints. A good amalgam of the two is natural flooring such as sisal or jute which does not have a pile to attract dirt particles or dust, but is warmer and more comfortable

underfoot than hard flooring.

THE KITCHEN

Always prone to knocks and spills, a kitchen floor needs an easy, wipe-clean surface. Again, you can choose from vinyl, terracotta or ceramic tiles . . . or you might opt for sheet vinyl or real linoleum (now very trendy). If you have floorboards in the kitchen you can strip and

restore them, but make sure you give them several coats of a tough varnish so they can be washed easily and will stand up to everyday wear and tear in one of the busiest areas of the home. IKEA sell laminated floorboards which are tough and hard-wearing.



halls like Jill Dando's

while the wooden floor adds that touch of class. However, a fitted carpet is warmer, more comfortable to bare feet and helps to make your room look larger. If your heart is set on wall-to-wall carpets and you're on a limited budget, take a look at Allied

THE LIVING

ROOM Almost anything goes here, depending on the look you want to achieve. Wooden floors (be they waxed or varnished floorboards or woodblock tiles) look very elegant teamed with rugs. They're also easy to clean. The rugs protect the heaviest traffic areas in the centre of the room

Carpets' new Home First Select range at prices from £3.58 per sq. metre (£299 per sq. yard).

THE BEDROOM Floors get less wear in bedrooms and a fitted carpet provides a soft, warm surface to ease you gently into the day when you tumble out of bed. Floorboards and rugs give a more traditional look. If you have young children, carpet tiles are a practical choice as you can replace a stained or damaged tile rather than the whole carpet.

THE BATHROOM Carpet provides warmth and comfort in a bathroom but you should use rugs to protect it from splashes. Alternatively, varnished floorboards are warmer underfoot than ceramic tiles. Or use cushioned vinyl flooring for warmth with an easy-to-clean. non-permeable surface.

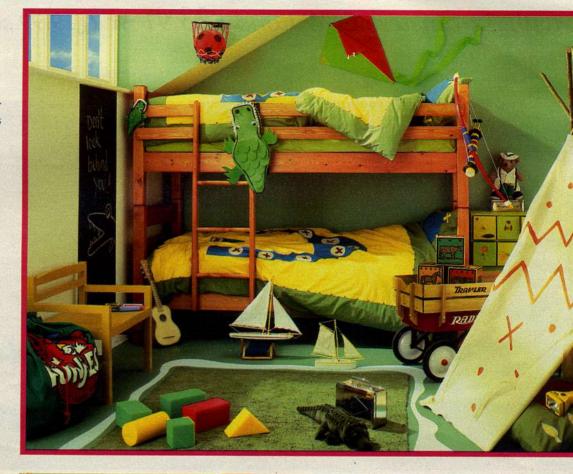
THE sonal SMF

ake your child's bedroom a fun place to play and they won't litter the living room with toys any more - with a bit of luck! Choose a theme that captures their imagination, such as our exciting explorer's hideaway.

Use a bold colour on the walls which will hide grubby paw prints. You can leave this plain, or add a wallpaper border or stencils to create a lively atmosphere. Lino or vinvl flooring provides a hard-wearing surface that can cope with knocks and scuffs and makes mopping up spilt drinks quick and easy. You can lay fitted carpet over the top later when the children are older and more responsible. Meanwhile, provide a soft cotton, washable, rug that they can sit on.

Creating activity areas will keep them occupied for hours. Try painting the floor around the rug with a winding river to "sail" boats on. This also turns the rug into an island, or a castle with a moat around it. Or cover an area of the wall with blackboard paint so that they can draw all over it without fear of reprisals.

Bunk beds appeal to young explorers, both as a play area and a novel place to sleep, and also free up floor space if you have two sharing a room. Children also love dens - and a wigwam makes an exciting hideaway. You can make one by binding garden stakes together with string at one end and fitting rubber tips to the other ends to prevent it all from slipping. Use a length of canvas, or an old white sheet, to make the tent and get the children to paint abstract designs on it. As they are likely to out-grow the explorer phase after a couple of years, you can re-use old, marked duvet covers or sheets to make spectacular themed bedlinen. Sew a bright rectangle of fabric over the worn side of a duvet cover, or on to a single sheet, then sew scraps of





other fabric on to that to create an interesting pattern. If you're using sheets, sew two together to make a duvet cover.

Add brightly-coloured sturdy furniture that won't tip over easily and a plump floor cushion, livened up with different materials and shapes. You'll soon begin to wonder whether you've still got children!



bedtime FANTAST VOYAGE Set sail on a trip round th own 'rive (for left)

FUN

(above)

Bunk be

help to

30

HIDEAWAYS

HOW TO TURN A CHILD'S

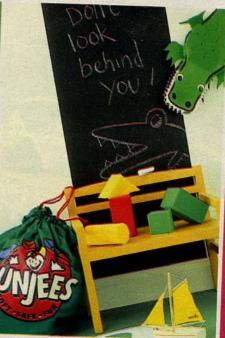
BEDROOM INTO A FUN PALACE

WITH SIMPLE TOUCHES WHICH

FIRE UP THE IMAGINATION.

BY JULIE WOODGATE





CUBIC FEAT (far left) Picture brick with captions are great for earning. CHALKED UP (left) A painted blackboard provides an instant freeexpression zone. TREASURE CHEST (right) Brighten up sturdy furniture with stendi patterns left)



Designed with your freedom in mind



If having a shower or bath used to be difficult, it needn't be anymore. With Premier Bathrooms extensive range of products, and our advice

line you can have just what you want, just when you want it. • The Easy-Bathe is a deep soaking bath which allows easy access. • Includes unique

features such as the integral seat complete with contoured backrest.

Complete installation and free advice line for your peace of mind.



Please send me a free colour brochure of your bathroom products.

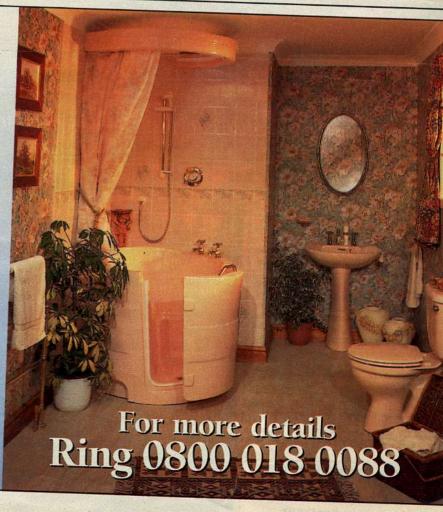
NAME PHONE NO.

ADDRESS

Premier BATHROOMS

POSTCODE

Send to: Premier Bathrooms, FREEPOST BM4591, SA426 Birmingham, B38 8BR





personal fashion

WESLEY GOES L FOR LEATHER

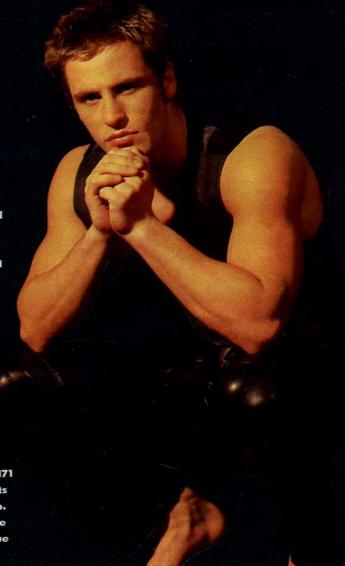
HIS NAME IS COTTON BUT HE FEELS MUCH MORE AT HOME IN SENSUOUS BLACK LEATHER. SUPER-FIT WESLEY COTTON, 19, WHO PLAYS RUGBY LEAGUE FOR TOP CLUB WIGAN, HAS BEEN VOTED ONE OF BRITAIN'S MOST ELIGIBLE BACHELORS BY COMPANY MAGAZINE. STYLING BY DEBBIE HAMBLIN. PICTURES BY ANDY McCARTNEY

Left: leather jeans, £195, by Genel from Emanuel Kenel, London SW 1 (0171 730 5247)

Right: black
waistcoat, £70,
leather jeans,
£180, by Gossip
from Metaltec,
London NW1 and
Rivaaz, Kings
Road, London
SW3 (phone 0181
746 2002 for
other stockists)

Main picture:
black leather
shirt, £295,
and
leather
jeans,
£195 by
Genel from
Emanuel Kenel,
London SW1 (0171
730 5247); boots
£29.99, order no.
BD2196 from the
Empire catalogue

Grooming: SUE DANIELS





personal brain-teasers

PUT YOUR WITS TO THE TEST WITH OUR FUN PUZZLE PAGE, THEN SIMPLY PHONE IN BOTH OF YOUR ANSWERS FOR A CHANCE TO WIN £250.

OSCAR MATCH

Only one square below matches one in the grid. Which one?







BENNY 31/2"

CHOO-CHOO 41/2" SPOOK 41/2"



THREE FOR ALL



Cross out every letter that appears below a number which is divisible by three. The letters that are left will spell out your phone-in answer: a six letter word.

WEEK'S ANSWERS

ODD BODS: 1 Sweden. 2 Marrow, 3 Aster, 4 Red, 5 Ton. Answer: SMART LEPRECHAUNS: Image A Storey, 4 Guitar, 5 Embalm.

matches the rubber stamp. The film star is TATUM STAR CROSSED 1 Stupor, 2 Parent, 3

PLANE TO SEE The word left over is ALTITUDE

FOR YOUR CHANCE TO WIN £250 PHONE BOTH ANSWERS TO 0891 554 306

When you call the number above and leave your answers on the line, give your name and address. The £250 winner will be selected at random from all the correct entries after lines close on Friday, March 28, 1997. Calls cost 50p per minute. Normal Mirror Group competition rules apply.



DIBBLE 7"

© 1997 HANNA-BARBERA PRODUCTIONS INC. LICENSED BY CPL

FANCY FANCY 41/2" TOP CAT 41/2"





ORDER FORM (MM)	
Please send Free Sinclairs Broch	ure
Top Cat, Choo Choo, Benny & F £170.00 for a set of four	ancy Fanc
Nama	

Address Postcode

Signature I wish to pay in 5 instalments. The first instalment is £34.00

I enclose a cheque for the total amount £ made payable to John Sinclair

Please debit my Access/Visa account with £ . . .

Card Number Expiry Date E COPE



MAIL ORDER DEPARTMENT 266 GLOSSOP ROAD SHEFFIELD S10 2HS, ENGLAND. TELEPHONE: 0114 275 0333 FAX: 0114 275 4443

£1,000 Star Search Crossword

31

37

25

- 1 Downy yellow fruit (7)
- 5 Direct the course
- of a vehicle (5)
- 8 Vehicles on
- the road (7)
- 12 Hop-drying kiln (4)
- 13 Large jug (4)
- 14 Perform well (5)
- 15 Variety of quartz (5)
- 16 Dud firework (5)
- 17 Take up
- residence (6)
- 19 Breed of deer (6)
- 21 Cook's protective
- garment (5) 22 Blend (3)
- 23 Go in (5)
- 24 Short sleep (3)
- 26 Thickness
- of wool (3)
- 28 Fit to eat (6)
- 32 Ledge (5)
- 34 View (6)
- 37 Smithy's block (5)
- 38 Bury (5)
- 40 Covered walk (8)
- 43 Ballroom dance (5)
- 44 Putting up with hardship (8)
- 48 Female thespian (7)
- 49 Money matters (7)
- 50 Newspaper
- editorial (7)
- 53 Soak completely (8)
- 57 Braid (5)
- 59 Military
- subdivision (8) 63 Not clandestine (5)
- 64 Baggy (5)
- 65 English river (6)
- 67 Guest house (5)
- 69 Baby's noisy toy (6)
- 72 Do sums (3)
- 74 Use a needle
- and thread (3)
- 76 Earn, deserve (5)
- 78 The alphabet (1, 1, 1)
- 79 Private teacher (5)
- 81 Part of the foot (6)
- 83 One stroke under par (6)
- 84 Strict vegetarian (5)
- 85 Tusk material (5)
- 86 Period of
- darkness (5)
- 87 Title of an
- unmarried woman (4)

- **88** Genuine (4)
- 89 Alleviate (pain) (7)

14

40

AR

53

84

54

- 90 Become
- confused (5)
- 91 Stretchy (7)

Down

- 1 Middling (7)
- 2 Fast bike (5)
- 3 Army officer (7)
- 4 Large-billed bird (6)
- 5 Remain (4)
- 6 Inspect (7)
- 7 Coral formation (4)
- 8 Type of hat (6)
- 9 Replies (7)
- 10 Seed-bearing part of a plant (5)
- 11 Liza Minnelli
- musical set in
- Germany (7)
- 18 Burst like a balloon? (3)
- 20 Cleopatra's
- snake (3) 25 Placard.
- hoarding (6) 27 Strewn rubbish (6)
- 29 Dreary (4)
- 30 Indonesian island (4)
- 31 The Orient (4)
- 32 Not fast (4)
- 33 Effervescence (4)
- 34 Dry as a desert (4)
- 35 Jetty (4)
- 36 Maize (4)
- 39 Calendar (7)
- 40 Group of pupils (5)
- 41 Group of eight musicians (5)
- 42 Semi-transparent (5)
- 45 Extreme (5)
- 46 Bring upon
- oneself (5)
- 47 Close, American actress whose films include
- Fatal Attraction (5)
- 51 Protect (6) 52 On dry land (6)
- 54 Bitter-tasting
- herb (4)
- 55 Encourage (4)
- 56 Shakespeare's
- river? (4)
- 57 Pavement (4) 58 Lofty (4)

- 60 Computer
- operator (4) 61 Slimming
- regime (4)
- **62** Iridescent gemstone (4)
- 65 Russian tea um (7)
- 66 Celebrity's entourage (7)
- 68 Newspaper size (7)
- 70 Aerial (7)
- 71 Irregular (7)
- 72 Take for granted (6) 73 Expire (3)
- 74 Glide over snow (3)
- 75 Chris, former England star

now with Bradford FC (6)

82

- 77 Royal (5)
- 80 Taut (5)

72

81

- 82 Italy's Leaning
- Tower city (4)
- 83 Shelter for cows (4)
- HERE'S YOUR FULL SET OF ANSWERS FOR **OUR MARCH 16** STAR SEARCH CROSSWORD. THE NAME IN THE
- YELLOW SOUARES IS: RENE RUSSO
- S "A B E T L "1 R O N M E E R G "A M E N O O "N O M T 0 "E S E R U P T

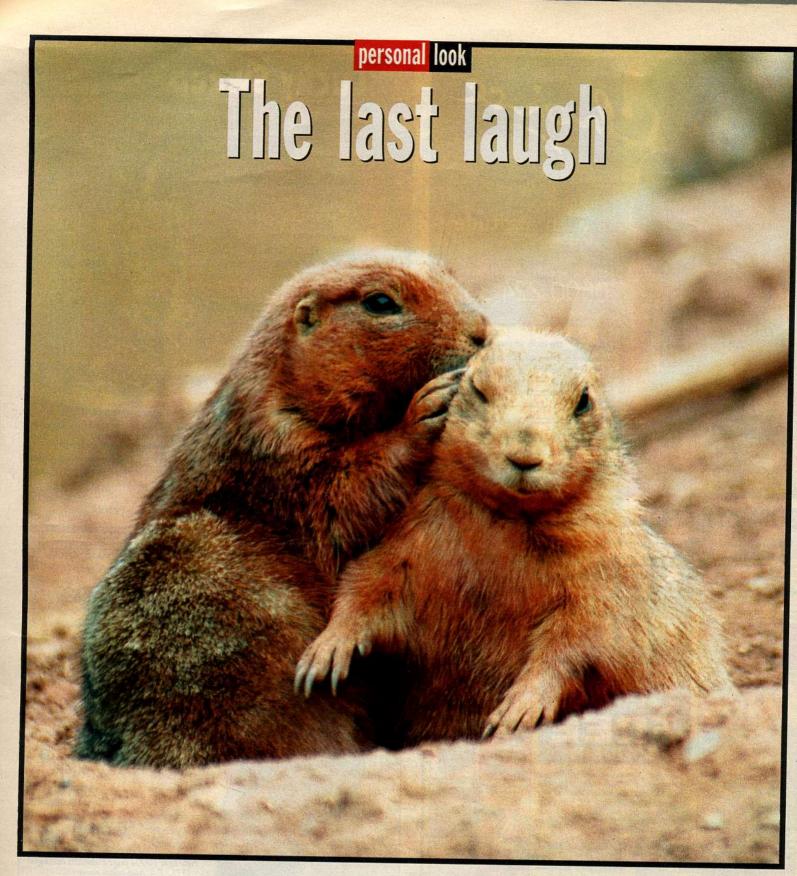
70

86

26

52

• When you fill in the grid the yellow squares will spell out the name of a celebrity. Phone 0891 318 107, leave the star's name plus your name and address on the line and you could win £1,000! The winner will be selected at random from all correct entries after lines close on Friday, March 28. Calls cost 50p per minute. Normal Mirror Group rules apply.



" Listen, you know I'm not one to gossip, but ..."

Congratulations to Mrs Nora Hall from Withington, Manchester. This picture wins you £100.



2 CAMERAS TO WIN!

Answer a simple question on the subject of today's photo and you could win a £129.99 Samsung AF Slim Zoom camera – with multi exposure, close up, time lapse and night-time photography, plus a copy of The Video Guide To Taking Better Pictures, worth £14.99.

SAMSUNG

Call **0891 525 397** and leave your answer on line with your name and address. Two winners will be selected at random from all correct answers after lines close on Friday, March 28, 1997. Calls cost 50p per minute.

Usual Mirror Group competition rules apply.

46 ★ If you've got a picture that will make the nation laugh, send it to: The Last Laugh, Personal Magazine, 1 Canada Square, Canary Wharf, London E14 5AP. Those printed will win £100. Snaps, which are non-returnable, should be clear and in focus. Write your name, address and daytime phone number on the back.